

Are you concerned about alcohol and drug use among our youth?

IT REALLY DOES TAKE A VILLAGE TO RAISE A CHILD.

With the legalization of adult recreational use of cannabis and alarming increases in overdoses and fatalities from opioids and other drugs in our communities, we believe that now is the time for a new approach:

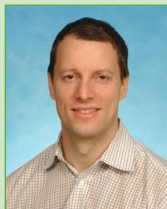


Planet Youth, in collaboration with the Open Doors for Lanark Children and Youth Speaker Series is presenting an introduction to the Planet Youth prevention model, which was pioneered in Iceland more than 20 years ago. Since then, **substance use**



among Icelandic youth has dropped from 48% to less than 5%. The approach has now been adopted in more than 40 countries worldwide. We are committed to bringing this approach to life right here in Lanark County. Please join us and find out how.

COME AND HEAR HOW THIS APPROACH WORKS, AND HOW WE CAN MAKE IT A REALITY HERE AT HOME IN OUR OWN "VILLAGES."



WEDNESDAY NOVEMBER 28 AT 7-9 PM
ALL NATIONS CHURCH, 39 Bridge Street, Carleton Place

THURSDAY, NOVEMBER 29 AT 7-9 PM
PERTH LEGION, 26 Beckwith Street East, Perth

GUEST SPEAKER: Alfgeir Kristjansson, PhD, MSc
Associate Professor, West Virginia University School of Public Health,
USA Senior Researcher, ICSRA, Reykjavik University, Iceland

**TOGETHER, WE CAN SHAPE A FUTURE FOR OUR COMMUNITY'S YOUTH
THAT'S RICH IN PROMISE AND POSSIBILITY.**

PlanetYouthLanark.ca

Planet Youth Lanark County is supported by the Lanark County and the Town of Smiths Falls Municipal Drug Strategy Steering Committee, Open Doors For Lanark Children & Youth, and our Leeds, Grenville and Lanark District Health Unit.